



Connective Bodywork

A Psycho-Physical-Spiritual Approach
to Massage Therapies & Structural Bodywork

Kauai, Hawaii

January 10 - June 29, 2011

This highly experiential, professional skills and personal development training, can greatly enhance your effectiveness with clients, and your relationship with life.

Connective Bodywork (CB) is a synthesis of many styles of Bodywork with Presence Centered Awareness, Psycho-Therapeutic skills and Spiritual Awareness & Inquiry practices. Working in a way that includes the connections between Body, Mind, Heart, and Spirit, produces a dynamic and often profound healing and 'growth-full' environment. As well as being an enjoyable process, CB can enhance relaxation, reduce pain, improve function, resolve past grief and other emotional pains, bring insights to the very nature of our being, and help foster an increase in well-being on all levels, for client and therapist.

You will learn theory, skills, and methods, practicing Relaxation and Therapeutic Sessions in the modalities including: Swedish Massage and Stress Reduction, Neuro-Muscular Therapy, Connective Tissue Massage, Myo-Fascial Connective Tissue Therapy, Reflexology, 10 Session Structural Integration, Energy Therapies, Specific Pain Reduction Treatments/Rehabilitation, and Corrective Movement, while integrating awareness, communication skills, and counseling practices to support healing work with life issues of the body, mind and heart.

Classes are a blend of personal growth opportunities, discussions, experiential Anatomy & Physiology, technique and session demonstrations, Successful Business Practices, Meditative Awareness, Inquiry, and counseling practices, in addition to giving and receiving many CB sessions. Due to the accelerated nature of this training, most students find it essential to allow for outside class time for study, practice and integration each week, in addition to class time.

As we touch into the depths of our Being, we experience presenceful peace, unconditional love, and joy. Through the use of specific therapeutic touch, language skills, and our deepening presence, we can help access consciousness and create healing pathways into our deepest core. As pathways into the 'heart of Being' become more clear, we become more relaxed in a way of living that supports and nurtures the whole, integrated self.

**This 700 credit hour program meets the requirements for
licensing in Hawaii and most other states.**

WHEN:

January 10 - June 29, 2011

Classes meet Mondays through Wednesdays from 8:15am to 4:45pm
Additional clinical internship times outside of class (*schedule to be announced*)

SPECIFICS COVERED

Full Body Relaxation Massage
Full Body Connective Tissue Massage
Stress Reduction Therapies
Body-Mind and regional approaches
using Connective Tissue Therapy;
Myofascial Therapy; Neuro-Muscular
Therapy; Energy work; Cranio-Sacral
Movements; and other modalities
Symptom Specific Applications for:
structural balance, injuries, rehab., pain
reduction, & increased function
Ten Session Model Awareness Oriented
Structural Bodywork * *a Psycho Spiritual
Approach to Structural Integration*

Communication Skills for Bodyworkers;
Working with emotions & beliefs;
Guided Awareness training; Personal,
Interpersonal, and Transpersonal
processes; Meditation and Inquiry
Awareness Oriented Therapies
Personal Growth & Transformation
Movement Awareness, Yoga, & Exercise
Anatomy, Physiology, & Kinesiology
Ethics & Successful Business Practices
Optional Sweat Lodges, Potlucks,
Meditation Retreats & Gatherings

.....*Enjoying the "celebration of life".....*

This is an accelerated program open to those interested in personal growth & advanced studies



PRIMARY INSTRUCTOR:

Lee Joseph, MS, CH, RMT. For over 30 years, Lee has been teaching and helping people open into a richer presence with themselves and others. Former owner/Director of the Florida School of Massage, he has also helped start numerous other Healing Institutes. In 1990 Lee founded the Pacific Center for Awareness & Bodywork, in Hawaii, where he and his partner, Carole, currently reside, teach, and co-direct.

Lee integrates his interest in Psychology, Advaita Inquiry, Meditation, and many other consciousness and Psycho/Spiritual teachings, with touch therapies, in classes and private work.

A Licensed Massage Therapist, Certified Clinical Hypnotherapist, and developer of Awareness Oriented Structural Bodywork, Lee offers a profound and effective way of accessing consciousness through Bodywork. His classes focus on the whole being - body, mind and spirit, in a relaxed, safe, and loving environment.

Other Instructors are included during specific areas of study.

Tuition:

\$6250 if paid in full by December 1, 2010 (\$6750 thereafter)
Payment plan and Credit Card payment info. available on request.

*This Class is Offered One Time Per Year.
Early Registration is Highly Recommended as Space is Limited & usually fills early.*

ADDITIONAL WORKSHOPS and TRAININGS INCLUDE:

PRESENCE CENTERED AWARENESS THERAPY
TEACHER TRAINING PROGRAM
PRIVATE AND GROUP THERAPY
MEDITATION RETREATS/GATHEREINGS

For more Information or Registraion, please contact:

Lee Joseph and/or Carole Madsen
Pacific Center for Awareness & Bodywork
PO Box 672, Kilauea, HI. 96754 808/828-6797 or 808/828-0886 fax
www.awarenessandbodywork.com E-MAIL: awarenessbodywork@yahoo.com

An application has been included below and in the e-mail as an attachment

...thank-you...

SOME PAST GRADUATES HAVE SAID:

This course has been a major transformational experience in my life. I have gained a deeper sense of confidence as a body worker and as a human being. Chenoa Littlesun

This course has brought heightened sensitivity to all aspects of my life. Jason Esterle

...a comprehensive and exceptionally deep course that integrates bodywork, hypnosis, meditation and psychology. The content can be applied directly to the development of a practice, or to life itself. Even

after a full lifetime of study, I can use Lee's material to start anew. Masterful! David Dinner

A most profound life-changing experience. Self-empowering, self-fulfilling, and self-emerging. Michael Brasunas

This course is invaluable. A holistic approach to Life, Love and Bodywork. Angela Bonner

It was much more than a course, more like a passage towards inner peace and personal freedom. Teje Cuellar

I've uncovered layers - emotionally, mentally and physically, and also have a thorough understanding of what I believe to be the most effective Bodywork available. Nadia Elmagrabi

I believe wholeheartedly that this was one of the greatest experiences of my entire life. Tim Lafferty

..the best thing I've ever done for my health – physical, mental and emotional. My life changed dramatically. Kara Schmitt

I opened up more than I had expected and learned incredibly valuable skills and tools for succeeding in life. Lee is a truly gifted teacher.... Ken Solin

All I should have learned in grade school about how to live in the world, plus high-level bodywork training. Shiva Reinhardt

I walk away with massage skills beyond what I knew were possible and a taste of infinite possibilities. Molly Morehouse



PACIFIC COLLEGE OF KAUAI
Center for Awareness and Bodywork

Today's Date _____

APPLICATION FOR ADMISSION to CONNECTIVE BODYWORK TRAINING

NAME _____
Last, First Middle

MALING ADDRESS _____ PHONE #'S _____ / _____
Street (or Box number) Day Evening

City, State Zip Code EMAIL _____

BIRTH DATE _____ BIRTH PLACE _____ FEMALE/MALE _____

MARITAL STATUS _____ OCCUPATION _____

REFERENCES: Two People Other Than Immediate Family, Who Have Known You For More Than Three Years

Name _____

Name _____

Address _____

Address _____

City, State Zip Code _____

City, State Zip Code _____

Telephone Day Evening _____

Telephone Day Evening _____

WHICH CONNECTIVE BODYWORK TRAINING ARE YOU APPLYING FOR?

City _____ Month _____ Year _____

EMPLOYMENT BACKGROUND

Current Work _____ Title _____

How long? _____ Where? _____

Previous relevant interests, experiences or work during the last five years _____

PREVIOUS EDUCATION

High School you graduated from	City	State	Date Graduated		
List all Colleges, Universities, and Vocational Schools etc., you attended <u>Name</u>	<u>City</u>	<u>State</u>	<u>Attended from / to</u>	<u>Major</u>	<u>Degree, Certification or number of credits</u>

ANY ADDITIONAL INFORMATION YOU WOULD LIKE TO INCLUDE REGARDING PREVIOUS TRAINING AND/OR EXPERIENCE IN BODYWORK, AWARENESS WORK, OR RELATED FIELDS? (Please use additional paper if necessary or include copies of course work Certificates if applicable)

Are you currently charged or have you ever been convicted or found guilty of violating any federal, state or municipal ordinances other than traffic or other minor offenses? Yes No If yes, please supply details _____

HOW DID YOU HEAR ABOUT PACIFIC CENTER FOR AWARENESS & BODYWORK?

PLEASE INCLUDE THE FOLLOWING WITH THIS APPLICATION:

- A brief biographical sketch explaining your motivation for study and your philosophy of wellness & balance. Include what you feel is your personal growing edge in your life. What are your current emotional obstacles and strengths? What would you like to gain or let go of personally, thru participating in this growth oriented professional program?
- A recent photograph of yourself for our files and identification
- Copies of transcripts or copies of certificates from any previous applicable training (or have them sent)
- \$50 APPLICATION FEE (non-refundable) **and**
- At least \$100 DEPOSIT toward your tuition.

*** Checks made payable to Pacific College ***

PLEASE NOTE:

Prior to final acceptance in the program, an interview with the Directors may be required. If accepted, a letter of intent will be sent to you to sign and return with your *additional tuition deposit. *At that time you will need to send at least \$400 ADDITIONAL DEPOSIT to secure your place in the class. This deposit and the previous \$100 Deposit will be applied toward your tuition balance.

Should you cancel your enrollment up to 14 days before the start of class, a full refund of all tuition paid will be given. Any cancellations made less than 14 days prior to start of class will forfeit the \$500 deposit. Any tuition paid over \$500 will be refunded to you. All refund checks will be mailed within 30 days of date of notification. A returned check fee of \$25 will be charged on any check returned for insufficient funds.

After completing this application, I have re-read it and state that it is complete and all information is true.

SIGNATURE _____ **DATE** _____

We look forward to meeting and growing with you...

PACIFIC CENTER FOR AWARENESS & BODYWORK
PO BOX 672, KILAUEA, HI 96754 (808) 828-6797
www.awarenessandbodywork.com